

# ANGOLA KID'S LEAGUE 2026 SOFTBALL RULES

**SOFTBALL RULES AS OUTLINED IN THE 2026 BABE RUTH RULE BOOK WILL BE FOLLOWED WITH THE FOLLOWING MODIFICATIONS:**

1. The following age: Minor Girls League 9-10  
Major Girls League 11-12  
Senior Girls League 13-14
2. Schedules will be provided by the board.
3. No player may change teams after the draft is over.
4. A player must attend 50% of the practices to play in a game. (Senior League - High School Varsity and JV players are exempt)
5. Every player will play 6 defensive outs and 1 at bat.  
Senior League teams shall have the option to use the Extra Hitter (EH). The EH must be declared at the start of the game and cannot be eliminated during the game.  
Minor Girls League: every player will be in the batting order. They will have free defensive substitutions with the exception of the pitcher.  
Major Girls League: every player will be in the batting order. They will have free defensive substitutions with the exception of the pitcher.
6. **Rule 1.07** the distance from the pitchers plate to the rear point of home plate shall be:  
Minor Girls.....35' Senior Girls.....43'  
Major Girls.....40'
7. **Rule 1.11** All players shall wear uniforms supplied by the league. A player may not deface or alter the uniform in any way or she will not be permitted to play in a game until repairs are made. This includes coaches and their shirts.  
All shirttails shall be tucked in.  
Cast may be worn with proper covering, doctor's written release turned into a board member 24hrs. before scheduled game.  
No pitcher shall wear sweatbands or batting gloves or white long sleeve shirt.  
Senior League may wear shorts that are approved by the league.
8. **Rule 1.16** (a) All batters must wear helmet with approved face guard.  
(b) All infielders including the pitcher must wear a fielder's mask. (Rookie, Minor, Major)  
(b.1) First, Third, Pitcher for Senior must wear fielders Mask.  
(c) No batboys/girls will be permitted.
9. **Rule 3.03 & 3.04** A player in the starting line-up may re-enter the game once at same position or lower in the batting order after she has sat out 1 complete inning.
10. **Rule 3.10** (b) Umpire shall consult with a board member.
11. **Rule 3.17** When on defense only 1 coach is permitted to be out of the dugout and that coach must remain at the door end of the dugout staying behind an imaginary line from the front corner parallel to the foul line.
12. **Rule 4.01** (a) (b) The scorebook of the home team is declared the official book. The Home Team coach is responsible to fill out and turn the Game Score Sheet in as soon as the game is over and to have a parent operate the scoreboard. Coaches must exchange lineups prior to the start of the game and report all changes during the game to the opposing coach.
13. **Rule 4.07** When a player or coach is ejected from a game, the player may sit in the stands but must remain silent, and the coach must go to his car. If a player or coach is ejected from a game they shall be suspended from the next game, in which their team participates, which means a player may sit in the stands and remain silent, but the coach shall be suspended from the park for that game.
14. **Rule 4.09** An inning will end after a team has 3 outs or Senior Girls (13-14) League is 6 runs in an inning and shall be drop dead when the 6<sup>th</sup> run is scored. Major Girls League is 6 runs in an inning and shall be drop dead when the 6<sup>th</sup> run is scored. Minor Girls League is 5 runs in an inning and shall be drop dead when the 5<sup>th</sup> run is scored. All games will have a 10 run rule after 4 innings 3 and ½ innings if home team is ahead.
15. **Rule 4.10** (e) No Game. If a game has 1 complete inning played and the game is suspended it will be treated as a suspended game and will be rescheduled to start from that point.
16. **Rule 4.12** (a) (2) All games shall have a 2 hour time limit. Which means no new inning shall start, but you may finish an inning. If the game is tied at that point it shall remain tied. No new inning will start after 10:30 PM.

**Rule 4.12** (b) All rainouts and suspended games will be rescheduled by the board and will be rescheduled as soon as possible based on field availability.

**17. Rule 4.17** If a coach believes there has been a call made against a rules violation he must inform the umpire at the point of time that the call was made that he is protesting the game. He then has 24 hours to submit a formal protest to the league president in writing.

**18. Rule 6.05** (k) In running to first base the batter-runner must touch the orange base, while the fielder must touch the white base. If either misses the proper base it is considered just like missing any other base and the umpire shall make the appropriate call. Orange bag comes in play when there could be an infield play.

**19. Bat throwing, when the batter throws the bat:**

- (1) First offense for each team will result in a team warning.
- (2) Second offense the batter will be called out, the ball will remain alive and runners may advance at their own risk.

**20. Rule 6.09** Dropped third strike not in effect for Minor Girls League.

**21. Rule 6.10** Designated hitter shall not be used.

**22. Rule 7.12** Exception, In the Minor Girls League a base runner shall not leave her base until the pitched ball has crossed the plate. Base runner/team will receive a warning and if it happens again she would be called out.

**Rule 7.12 Minor Girls Only:** A base runner shall be allowed to steal 1 base when the ball crosses the plate.

But under no circumstance will runner be able to advance more than 1 base)

**A. No Walk Rule (Minor Girls)**

Each batter will receive a normal count of 4 balls and 3 strikes. If the player-pitcher throws 3 strikes, the batter is out per normal softball rules. Upon the fourth pitch deemed a "ball" by the umpire, a coach from the hitting team will throw 2 pitches to their batter, regardless of how many strikes the batter has already received.

- (1) The coach must throw the pitch while standing as close to the pitching rubber as possible while still on flat ground.
- (2) The coach must leave the field of play as quickly as possible.
- (3) The coach must avoid the ball as much as possible. If the ball hits the coach, the play is ruled "dead". Any base runners on base that are considered "forced" are awarded 1 base and the batter is awarded 1st base. If a base runner is not in a "forced" position, they will remain on their base. If an umpire believes the coach did NOT try to avoid being hit by the ball, the batter may be ruled out and the base runners may not advance.
- (4) The player pitcher will stand on either side of the mound while the coach pitches to their batter.
- (5) Players will be able to steal any base including home in 2026 but cannot steal any bag with the coach pitching.

**23. Rule 7.13** Runner must slide to avoid contact with a fielder at any base except first base. A runner is out when she slides head first (except Senior Girls) while moving forward.

**24. Rule 8.08** At the start of the game or when a new pitcher enters the game they shall be allowed 5 warm up pitches, no more than one minute may be used.. Between innings the returning pitcher shall be allowed 3 warm up pitches, no more than one minute may be used.

**25. Rule 8.12** On the second trip in an inning or third trip of the game the pitcher must be removed.

Minor Girls & Major Girls Leagues a pitcher may pitch only 3 innings per game with a maximum of 9 per week.

Senior & Prep League a pitcher may pitch only 4 innings per game.

Only the 1<sup>st</sup> pitcher may re-enter the pitching position only once provided they had remained on the field in a defensive position.

**26.** A pitcher in Minor, Major, Senior Girls League who hits 4 batters in any 1 game must be removed as a pitcher in that game.

**27.** All teams will field 9 players but may start and play with 7 players. Minor Girls and Major Girls Leagues shall field 10 players, but the 10<sup>th</sup> player must be an outfielder, but may start and play with 7. You may call up from the league below yours to fill your fielding roster.

- (1) All four outfielders must be on the outfield grass until the pitched ball has crossed the plate.

**28.** ABSOLUTELY NO HITTING OF SOFTBALLS AGAINST ANY FENCE EXCEPT THE ONE, WHICH IS DESIGNED FOR IT, WHICH IS LOCATED BEHIND THE GARAGE.